

Brief Commentary on Sang Offering

Excerpt from the lecture by Lama Oleg. Nizhny Novgorog, Russia. March 2020

For those who don't know, we are doing a concise practice of cleansing smoke offering which is dedicated to all beings in all realms – to those that we call deities, humans, protectors, angels, archangels, etc. We also make offerings to harmful spirits including those that can be responsible for these unclear or clear situations taking place right now.

Usually as a result of this kind of offerings spirits on a subtle level receive nourishment since spirits feed on smells, and when they receive nourishment, they are supposed to respond with gratitude towards those who are making the offering, responding not only with their attitude but also with practical actions. To a large extent we are doing a great benefit for the whole city, the region and maybe even the whole country, depending on what thoughts and intentions we are investing. If our thoughts and intentions are sufficient to wish wellbeing, benefit, and purification for the whole country, it would be great, if we can do that for the entire planet – even better. Then afterwards, when we finish, anyone can approach the sang offering bowl from the side of the smoke specifically and wave towards oneself in order to achieve personal purification.